

In This Issue: July 2, 2024

Research

ORIGINAL INVESTIGATION

21 An Adaptive Behavioral Intervention for Weight Loss Management: A Randomized Clinical Trial
B Spring and Coauthors

This noninferiority randomized trial compares the effects of a wireless system designed to provide daily feedback on progress in lifestyle change and weight loss vs the same system with additional human coaching on weight change among people with overweight and obesity.

Editorial **16**
Related Article **31**
[Visual Abstract](#)

31 Text Messages With Financial Incentives for Men With Obesity: A Randomized Clinical Trial
P Hoddinott and Coauthors

This randomized clinical trial assesses whether text messaging combined with financial incentives or text messages alone could help men with obesity lose weight at 12 months.

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41 Home Blood Pressure Telemonitoring and Nurse Case Management in Black and Hispanic Patients With Stroke: A Randomized Clinical Trial
G Ogedegbe and Coauthors

This clinical trial compares the effectiveness of nurse case management plus home blood pressure telemonitoring (HBPTM) vs HBPTM alone in achieving greater systolic blood pressure reduction at 12 months and lower rate of stroke recurrence at 24 months among Black and Hispanic stroke survivors with uncontrolled hypertension.

[Visual Abstract](#)

RESEARCH LETTER

72 Sex Differences in Primary Care–Based Chronic Kidney Disease Management
JA Rodriguez and Coauthors

This retrospective study uses electronic health record data to investigate the sex differences in guideline-based management outcomes between male and female patients with chronic kidney disease.

74 Formulary Coverage of Brand-Name Adalimumab and Biosimilars Across Medicare Part D Plans
MJ Klebanoff and Coauthors

This study examines formulary coverage of brand-name adalimumab and biosimilars across Medicare Part D plans.

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13 Public Health Crisis in Gaza—The Responsibility of US-Based Academic Medical Journals
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15 Coming Home
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In this narrative medicine essay, a pediatrician channels James Herriott as she attempts to save a hatchling in the basement with nonsterile equipment while her young daughters look on.

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JD Ard, KH Lewis, and JB Moore

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Online at JAMA.com

AUDIO

Editor's Summary of This Issue
USPSTF Recommendation: Interventions to Prevent Falls in Community-Dwelling Older Adults
Financial Incentives for Weight Loss in Men With Obesity
Homelessness and Health Care

CME

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Clinical Review & Education

US PREVENTIVE SERVICES TASK FORCE

51 Interventions to Prevent Falls in Community-Dwelling Older Adults: US Preventive Services Task Force Recommendation Statement

US Preventive Services Task Force

This 2024 Recommendation Statement from the US Preventive Services Task Force recommends exercise interventions to prevent falls in community-dwelling adults 65 years or older who are at increased risk for falls (B recommendation) and that clinicians individualize the decision to offer multifactorial interventions to prevent falls in this population (C recommendation).

Editorial 19

Related Article 58

JAMA Patient Page 84

Audio | CME

58 Interventions to Prevent Falls in Older Adults: Updated Evidence Report and Systematic Review for the US Preventive Services Task Force

JM Guirguis-Blake and Coauthors

This systematic review to support a 2024 US Preventive Services Task Force Recommendation Statement summarizes published evidence on the benefits and harms of primary care-relevant multifactorial and exercise interventions to prevent falls among community-dwelling adults 65 years or older.

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JAMA INSIGHTS

70 Health Care for People Experiencing Homelessness

MY Patanwala, CM Garcia, and M Kushel

This JAMA Insights examines the adverse effects of homelessness on physical and mental health and suggests strategies to improve access to health care, services, and housing for people experiencing homelessness.

Audio | CME

JAMA PATIENT PAGE

84 Prevention of Falls in Older Adults

J Jin

This JAMA Patient Page describes risk of falls in older adults and fall prevention recommendations from the US Preventive Services Task Force.

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News & Analysis

JAMA DATA BRIEF

5 Evidence Mounts That About 7% of US Adults Have Had Long COVID

Z Fang, R Ahrensbrak, and A Rekitto

This Medical News article discusses new US household survey data that found differences in long COVID rates based on preexisting chronic conditions and other factors.

MEDICAL NEWS IN BRIEF

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7 CDC: Deaths From Drowning Climb in the US

7 WHO Releases Guidance to Reduce Catheter-Associated Infections

7 Adding Salt to Food at Mealtime Associated With Stomach Cancer Risk

7 Receiving Abortion Medication Through Mail Was Safe, Effective

7 Self-Monitoring and Managing Medications Improved High Blood Pressure

8 Ultraprocessed Food Associated With Small Increase in Mortality

8 Poll: Roughly 12% of US Adults Have Used a GLP-1 Drug, Even If Unaffordable

8 Meta-Analysis: Low Testosterone in Men Tied to Increased Risk of Death

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